

M.Ohtani,PhDらの論文 (2006年~2019年)

- 1.** Effect of amino-acid intake on physical conditions and skin state: a randomized, double-blind, placebo controlled, crossover trial. *J.Clin.Biochem.Nutr.*,65,52-58(2019)
- 2.** Resistance exercise combined with essential amino acid supplementation improved walking ability in elderly people. *Acta.Physiologica.Hungarica.*,100,329-339(2013)
- 3.** Amino acid and vitamin supplementation improves health conditions in elderly patients. *J.Clin.Biochem.Nutr.*,50,162-168(2012)
- 4.** Effect of oral supplementation with a mixture of amino acids on immune function in athletes at a summer training camp for track and field and long distance runners . *J.Jpn.Soc.Clin.Sports.Med.*,19(2),280-289(2011)
- 5.** Suppression of exercise induced neutrophilia and lymphopenia in athletes by cystine/theanine intake: a randomized, double-blind, placebo controlled trial. *J.Int.Soc.Sports.Nutr.*,7.23(2010)
- 6.** Cystine and Theanine Supplementation Restores High-Intensity Attenuation of Natural Killer Cell Activity in Well-Trained Men. *J. Strength. Condition. Res.*, 24, (3), 846-851(2010)
- 7.** Effects of Oral Supplementation with Cystine and Theanine on the Immune Function of Athletes in Endurance Exercise: Randomized, Double-Blind, Placebo-Controlled Trial. *Biosci. Biotechnol. Biochem.*, 73, (4), 817-821(2009)
- 8.** Amino Acid Mixture Improves Training Efficiency in Athletes. *J. Nutri.*, 136, 538S-543S.,(2006)